

CHAPTER 4 QUIZ: YOUR UNIQUENESS FACTOR

1. What is the system for identifying personality types based on the theories of Carl Jung?
 - a. The Keirsey Temperament Sorter
 - b. The Myers-Briggs Type Indicator
 - c. The Personality Assessment System
 - d. The Kinsey Scale

Answer: b. The Myers-Briggs Type Indicator.

The Myers-Briggs Type Indicator[®] is a personality type assessment system created by Katharine Briggs and Isabel Briggs Myers, based on the ideas and theories of psychologist Carl Jung.

2. If you like facts and data that exist in the here and now, you perceive information according to which preference?
 - a. Sensing
 - b. Intuition
 - c. Thinking
 - d. Feeling

Answer: a. Sensing.

If you like facts and data that exist in the here and now, you perceive information according to the Sensing Preference.

3. If you like information that is more abstract and represents imaginative possibilities for the future, you perceive information according to which preference?
 - a. Sensing
 - b. Intuition
 - c. Thinking
 - d. Feeling

Answer: b. Intuition.

If you like information that is more abstract and represents imaginative possibilities for the future, you perceive information according to the Intuition Preference.

4. If you make your decisions in a holistic way, emphasizing the importance of the whole and the interdependence of its parts, you make decisions according to which type of judgment?
 - a. Sensing
 - b. Intuition
 - c. Thinking
 - d. Feeling

Answer: d. Feeling.

If you make your decisions in a holistic way, emphasizing the importance of the whole and the interdependence of its parts, you make decisions according to the Feeling Judgment.

5. If you tend to make decisions in an analytical manner with an emphasis on results, you make decisions according to which type of judgment?
- Sensing
 - Intuition
 - Thinking
 - Feeling

Answer: c. Thinking.

If you tend to make decisions in an analytical manner with an emphasis on results, you make decisions according to the Thinking Judgment.

6. Introverts like to engage with the outside world as their prime life force.
- True
 - False

Answer: b. False.

Introverts are introspective and draw their primary energy from the inner world of information, thoughts, ideas, and other reflections. Extroverts, on the other hand, like to engage with the outside world as their prime life force.

7. According to Dr. John W. Gittinger, the following are all major dimensions of personality, *except*:
- The cognitive dimension
 - The emotional dimension
 - The transitional dimension
 - The social dimension

Answer: c. The transitional dimension.

The transitional dimension is not a dimension of personality. According to Dr. John W. Gittinger, the three major dimensions of personality are the cognitive dimension, the emotional dimension, and the social dimension.

8. Which dimension defines the quality and content of our mental activity and deals with ideas and how we perceive things?
- The cognitive dimension
 - The emotional dimension
 - The transitional dimension
 - The social dimension

Answer: a. The cognitive dimension.

The cognitive dimension defines the quality and content of our mental activity and deals with ideas and how we perceive things.

9. This type of person uses logic and step-by-step methods to approach tasks and is naturally organized and precise.
- Emotional Role-Flexible
 - Emotional Role-Regulated
 - Social Role-Uniform

d. Social Role-Adaptive

Answer: b. Emotional Role-Regulated.

An Emotional Role-Regulated person uses logic and step-by-step methods to approach tasks and is naturally organized and precise.

10. This type of person moves in and out of different social groups with ease and has the ability to quickly assess the demands of the environment and act accordingly.
- a. Emotional Role-Flexible
 - b. Emotional Role-Regulated
 - c. Social Role-Uniform
 - d. Social Role-Adaptive

Answer: d. Social Role-Adaptive.

A Social Role-Adaptive person moves in and out of different social groups with ease and has the ability to quickly assess the demands of the environment and act accordingly.